

Meridian Anti-Drug Coalition <u>General</u> Meeting Minutes Meridian Police Department, 1401 E. Watertower December 20th, 2018

Attendees (15): Earl Scharff, John Gonzales, Mary Liz Jones, Terry Austin, Grace Hall, Ternel Martinez, Scott Jones, Cheryl Mulvihill, Kendall Nagy, Sarah Herrick, Stephany Galbreaith, Scott Colaianni, Mary Kemp, Joe Marty, Esmeralda Herrera

TIME	SPEAKER & AGENDA ITEMS	NOTES
4:00	<ul> <li>Cheryl Mulvihill, Anti-Drug Coordinator</li> <li>Welcome &amp; Introductions</li> <li>November Meeting Minutes (sent out via email)</li> </ul>	<ul> <li>sign-in sheet signed by all attendees</li> <li>motion by Mary Liz, second by Esmeralda, all vote to approve meeting minutes</li> </ul>
4:05	Guest Speaker: Scott Jones, Chapter Manager <u>Phoenix Multisport</u> Boise <i>Phoenix Multisport is an active sober living</i> <i>community for individuals recovering from</i> <i>substance use disorder and those who choose to</i> <i>live sober.</i>	<ul> <li>Scott Jones: Phoenix Multisport is a nonprofit sober active community, came to Boise two years ago. Currently there are free events seven days a week. Some examples include yoga, mountain biking, backpacking, group run, and art night. Phoenix Multisport full gym is located on Americana and Cooper Court. St. Luke's chose Phoenix Multisport to be one of their 25 Select Health nonprofits and developed a three minute advertisement to promote Phoenix Multisport. Phoenix Multisport is in 16 states, working with many community partners. They work closely with the reentry program through Ada County Services / probation. There are options where a client and a probation officer can workout together. Once the workout is complete they can meet and discuss their business; the workout allows them to break barriers and open up transparent communication.</li> <li>Though many people have different walks of life and different jobs, they are all brought together for recovery.</li> <li>Phoenix Multisport. To be added to the email distribution please email mailto:info@thephoenix.org</li> <li>Ternel: How do you monitor the sobriety of 48 hours in order for them to qualify to participate? Scott: The majority of the staff are in recovery and are pretty good at determining if something is amis. Traditionally those who have used within the last 48 hours aren't interested in participating in physical sports but it could happen. Phoenix Multisport doesn't drug test any participant. If someone shows up impaired they will be pulled to the side to have a conversation and see what resources are available.</li> </ul>

Our mission is to strengthen our community through substance abuse prevention. Our vision is to build Meridian into a drug free community where people can safely live, work and raise a family.



		Ternel: Who are your bigger funders nationwide? Scott: Each community is in charge of their own funding. For example Boston has a lot of attention from large foundations while Scott is in charge of finding funding sources for the Boise location. Locally Idaho Responses to the Opioid Crisis and VA have donated. Ternel: What are some of the fundraising events you do? Scott: Right now we have a fundraiser with a coffee store in Boise called Bikes & Beans. Through the rest of the year Bikes & Beans is donating funds through their coffee sales. They have also held dinners as fundraisers. Kendall: Can you give us some parameters of what style of location you are looking for in Meridian for classes, to help us get us thinking of options? Scott: Looking for a space that could be used for yoga classes. Really looking to grow partnerships and collaborate on this idea. It doesn't have to be an existing gym. Kendall: Is there a specific day and /or time that would be optimal for classes? Scott: We see highest participation around 6pm weekdays or Saturday mornings.
4:25	<ul> <li>Project Leads &amp; Kendall Nagy, Director         <ul> <li>Strategy Implementation:</li> <li>Sticker Shock Campaign</li> </ul> </li> <li>O Ada County Legislative Informational Session</li> </ul>	<ul> <li>Mary: worked with Grace and Jessica to put on the Sticker Shock Campaign. There is a lot of opportunity with this event in educating our youth. We have opportunity to expand on this. The dialogue between youth and adults while putting stickers on the bags helps spread key messages. Jaylin Quizzle wrote a Letter to the Editor which was printed by Idaho Press (see attached).</li> <li>Youth let Mary know that this helped raise awareness on what would happen to them if they received alcohol from adults.</li> <li>8000 bags were stickered by 20 Renaissance High School students.</li> <li>A suggestion was to make this a student-targeted campaign; maybe during red ribbon week. Also youth thought having city officials come to help with the sticker shock campaign. Another suggestion would be to have a greater variety of students ie kids who would benefit from this education.</li> <li>Grace, VP of Renaissance National Honors Society: she got a lot of feedback that the students enjoyed interacting with each other while volunteering. This is an opportunity to raise youth awareness on the repercussions of drinking. It would be good to involve other high schools. Kendall: This was in partnership with Office of Drug Policy and ID Division of Liquor. Happy to share this feedback and definitely would like to take this to the next level.</li> <li>Mary Liz: During the Ada County Legislative Informational Session the Chronic State documentary was shown, along with discussion of different education information. Mary Liz worked closely with the sub-committee Earl Scharff and Dawn Tolan. There were</li> </ul>

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		<ul> <li>representatives from the House and Senate which included Chairs of a few different committees. In addition there were many community partners; Idaho Office of Drug Policy, Meridian Police Department, Idaho State Police, Community Coalitions of Idaho and West Ada School District. There were many connections made with legislative leaders during this session.</li> <li>A few suggestions if we do this again: plan ahead and have these discussions way before legislative sessions, maybe in September. Have members network before the meeting and keep the communication going to these Legislators.</li> <li>Earl Scharf: It went well especially with the new legislative representative. An earlier date would help.</li> </ul>
	о SRO K9	<ul> <li>Kendall: Had correspondence with multiple people from 6 of the 9 districts included in Ada County. Continue to establish those connections and building that communication. See the attached document that was handed out and sent out in digital format containing facts relating to the unintended consequences of the normalization of marijuana.</li> <li>Kendall- went in front of City Council and the Mayor to ask for support with the K9 fundraising. The City and School District has agreed to split maintenance cost while the coalition has one year (January 2019-January 2020) to raise 85k. The bulk of that is the K9 vehicle. Kendall is looking into grants. Please look into your resources and come up with some ideas for fundraising to be discussed at the January 17<sup>th</sup> meeting.</li> </ul>
4:40	<ul> <li>Kendall Nagy, Director &amp; Cheryl Mulvihill, Anti- Drug Coordinator</li> <li>Updates: Compliance Checks &amp; Shoulder Taps, Coffee w/ the Mayor</li> </ul>	<ul> <li>Compliance Checks &amp; Shoulder Taps: this is the first operation in 4 years in which all establishments checked were compliant. Cheryl sent out thank you letters to all businesses that were compliant.</li> <li>Coffee with the Mayor: Connection made during the event. Ellen Aflik is helping the process of opening Cottonwood Creek Behavioral Hospital. This will be similar to Intermountain. See attached document on open house invite. <u>RSVP for Cottonwood Creek Open House</u> by Jan. 4<sup>th</sup>.</li> </ul>
	<ul> <li>Upcoming Events: Cabin Fever Reliever (SAT) 2/16</li> </ul>	Cheryl: Secure volunteers for upcoming event: Cabin Fever Reliever is an all-day event on 2/16. We have plenty of youth but could use some adults. The event is 9-5pm. Please let Cheryl know if you are available to volunteer.
	Holiday Giveaway: Trivia Quiz	Attendees completed a Drug and Alcohol IQ Challenge to win a safe to lock medicines in. Esmeralda and John won.

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4:55	Open Discussion: additional updates, feedback,	• Mary: ASBSU added chewing tobacco to their resolution of non-tobacco campus. February			
	ideas, questions, etc.	6th is the next Youth Day at the Capital. Contact Mary to learn more about Tobacco 21			
		efforts.			
		• Cheryl: We have a lot of different promotional items including shirts. If you don't have one			
		please take one.			
5:00pm Meeting Adjourned					
	*Next Meeting: January 17th, 4pm at Meridian Police Department				